

SNAP SHOT

Stanford Lake College
ISSUE 03 of 2021- 05 February



Matters of Principal

“Not all of us can do great things. But we can do small things with great love.”
– Mother Teresa

I was recently reading News24 when I noticed a link to feel good stories. I clicked on it and came across a story that really touched me. A story of an everyday person going out of his way for others. A policeman, Officer Andries Douglas, was spotted feeding the homeless on chilly winter mornings. The reason the story was so beautiful was that Officer Douglas used his own money to feed the homeless; not only did he feed them, he made the time to connect with each person as he went along. The Officer also made sure that the people he met were not suffering from the cold and had enough blankets to stay warm in the evenings. A very simple action that made a huge impact on those who had fallen on hard times.

ference in the lives of others. I think back to what our pupils achieved around Mandela Day. It was amazing and I am very proud of every one of them; but the question I ask is why wait for Mandela Day to perform good acts? Why don't we do this on a regular basis? I challenge all of us to perform random acts of kindness, we can make a difference, the sooner we start the better. Our Grade 8s and 9s have been reflecting on their own random acts of kindness and can be read in this week's edition.

“It is in giving that we receive.”

God Bless.

Despite the headlines being dominated by negative press, stories of crime, corruption and hardship, we can, however, learn so much from the actions of men like Officer Douglas. The smallest actions make an enormous dif-

SPORTS ARE A "GO"

by Mr Willson, Director of Sport



Despite the fields being completely waterlogged, it was fantastic to have our pupils out and about again on Thursday afternoon. We have worked hard to ensure that our pupils can participate in sports practises in a safe environment, and it was with much relief that we saw most of our pupil body taking part in Cricket, Adventure Racing, Swimming and Athletics sessions with their coaches. Although most are still a little 'rusty', we really look forward to many more afternoons outside enjoying some physical activity with them in the weeks to come.

SNAPS FROM GRADE 8 ORIENTATION



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MEET THE CLASS OF 2021

HLONI MANGENA - HEAD GIRL

1 What are your hopes for Stanford Lake College as you lead the school in the year ahead?

Assisting the student body to grow in emotional intelligence and empathy. Helping transformation and diversity to grow its mission and end the year with great relationships which have been growing over the past five years.

2 What is your proudest accomplishment?

Receiving my Academic Honours. It's been something I've been working towards / a goal of mine since Grade 8 and took a tremendous amount of hard work coupled with a whole lot of stress which all paid off in the end.

3 Share a memorable moment during your time at Stanford Lake College...

Taking part in the capsized drills during adventure lessons in Grade 9. My partner, Anke, and I were terrible and were struggling the whole time but we spent the entire lesson, from start to finish, laughing at how bad we were at it. Also the Noordvaal Hockey Tour in my Grade 10 year - the environment with my friends was full of laughs and light. Getting the chance to be in the same sports team as my sister was something I never thought I'd get to experience. There was never a dull moment.

4 What are your hobbies?

Watching movies! My best friend and I are self-acclaimed movie critics, our favourite thing to do is to exchange movies we enjoyed, then the other rates it. I enjoy playing team sports and watching cooking shows.

5 If you could share a meal with any 4 individuals, living or dead, who would they be?

Mom, Cardi B, Trevor Noah and J. Cole.

6 What's your favourite movie?

Twilight and Me Before You.

7 What's the most daring thing you've ever done?

The Big Swing in Graskop and the one in Zimbabwe.

8 If you had to describe yourself as an animal, which one would it be?

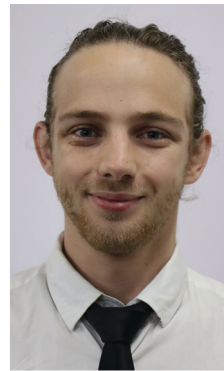
A hippo.

9 Where do you see yourself in five years?

I will be spiritually grounded and proud of my progress as a Christian woman. I see myself as a graduate in a field of work which I have a passion for.



MEET OUR NEW INTERNS



Xander Hageman

Outdoor Education and Sports

Xander says, "Growing up in Tzaneen, SLC was never really far from my home or my heart. And now I have the opportunity to call it home."

I love adventure and nature, but at the same time I found a true calling towards education, which I am now studying. After struggling a bit I think I have found the perfect place to build my future upon.



Keabetswe Mtshali

Sports

Keabetswe says, "My home town is Johannesburg. I attended both primary and high school there and matriculated at Randpark High School. I graduated from North West University where I did my undergraduate degree in BA Health Science with Human Movement Science and Recreation Science. I have completed my Honours Degree (BA Honours in Sports Exercise and Recreation Science) at the University of the Western Cape and am

just waiting for my results to come back.

I am very open to whatever the future holds for me. Personally, I believe the best way to plan for the future is to make the most of the present! With that being said, I'd like to get a PGCE to widen my perspective and knowledge in helping rich young minds, both on the sports field and in a professional environment."

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In their Trees lessons during online learning the Grade 8s and 9s were challenged to complete 5 Random Acts of Kindness. Since school has reopened they have been reflecting on their Acts of Kindness as well as on 10 things that they are grateful for as we begin the new year. Below is a selection of these reflections.

ACTS OF KINDNESS

I said thank you to the Feedem ladies every time we had a meal. I do this (I still do) because they do so much for us and I appreciate their food. (It's AMAZE-BALLS!)

- Isabella Dando

I helped my mother clean the house. I did this to show thanks for the things that she does for me.

- Krishna Kanyongolo

I helped my little brother with his homework. People know different things and he needed my help, so I gave it.

- Lennon Masvopo

I checked up on a friend that I haven't seen in a long time. I did this because I knew my friend was going through a tough time. I learnt that you can make someone's day just by checking up on them.

- Relotilwe Sekhula

I helped my mom unpack the groceries. I like being helpful.

- Craig Freestone

I put a letter on the pillow of each member of my family. Our family is going through a lot because of Covid and wanted to remind my family that they are loved, that we should have hope and that the tough times will pass.

- Vukosi Mbowane

I decided to learn more about a particular culture that is different from mine. I chose this because I love getting to know people's cultures more and more. I asked Shriya to teach me some of her Indian culture and she taught me a few words in her language.

- Nanaki Kgopong

I was there for my grandmother because my grandpa passed away recently, and just being there for my grandma made it easier for the both of us and I learned that just being there for someone can help them with some of their pain and maybe even some of your own pain.

- Marthinus Venter

THINGS I AM GRATEFUL FOR

I am grateful to still be alive and that nobody in my family has died from Covid.

- Buhle Mukwanazi

I appreciate my parents for always finding a way to pay school fees, for always being able to put food on the table, shoes on my feet and clothes on my body. Mostly, I'm grateful that they gave me the opportunities to explore life. They are the reason I know most of my friends, I'm thankful for my brothers for making my childhood amazing. I'm also thankful for my little sisters - they always find a way to make me laugh and a way to annoy me, but I'm still grateful for them, for my whole family.

- Ellain Chidavaenzi

The fact that I have access to amazing books.

- Pippa Wood

Having all my abilities.

- Krish Pandya

I am grateful for my Mom's cooking and baking she does for me at home.

- Dale Clay

I am grateful to have the parents that I have.

- Nkhensani Mashoto

I am grateful for the school I get to go to.

- Gordon Noel

The setbacks that have formed me and made me stronger.

- Mafasa Nkoana

I'm grateful for the safety and security I have.

-Lethabo Moshia

My family that always supports me.

- Layla Fairhead

I'm grateful for having a roof over my head because some people in this world aren't privileged enough to afford a home.

- Travis Hudson

I am grateful for an opportunity to learn during this pandemic.

- Debbie Maswanganyi

I am most grateful for having a loving family.

- Parth Patel

The kindness of total strangers.

- Dimpho Thobane