



Matters of Principal

Earlier this week I came across the quote above. In a week that has been dominated by American politics centred around criticising and demeaning opponents, along with various ethnic groups and any other dirt or negative sentiment that politicians could dredge up on one another. It again got me thinking about the responsibility we have as educators to do what we can to try and ensure that our pupils turn out as good human beings. This quote reflects the values we strive to instil in our pupils every day. As a school, we are committed to nurturing not just strong minds, but compassionate hearts, courageous spirits and honest voices. We want our students and staff to recognise the beauty that surrounds them, to take bold steps toward their dreams, to always tell the truth and to help one another with a spirit of generosity.

The very qualities that make us admirable, also make us vulnerable. When we choose to open our hearts to beauty, we expose ourselves to moments of both joy and sorrow. When we act with courage, we may face failure or disappointment. Telling the truth isn't always easy and it sometimes brings consequences. When we give of ourselves to others, we give something deeply personal, making us open to the possibility of hurt. This all speaks to our humanity.

"The best people possess a feeling for beauty, the courage to take risks, the discipline to tell the truth, the capacity for sacrifice. Ironically, their virtues make them vulnerable."

- Ernest Hemingway

It's in this tension that true strength is born. By embracing these virtues - even knowing the risks - we become resilient. As a school, we aim to create a safe, supportive environment where vulnerability is celebrated, where each student feels empowered to take risks, and where we lift each other when challenges arise. This is what makes our school strong, a shared commitment to values that may leave us vulnerable but that ultimately defines who we are and who we aspire to become.

Have a wonderful weekend.

God bless,

NEWS IN BRIEF

Wilderness First Responder Training and Refresher

From 28 October – 1 November we had five staff (Mr. Haarhoff, Mr. Fullard, Mr. Willson, Mr. Friedrichs and Mr. Hageman) doing their Wilderness First Responder refreshers and 1 staff member (Miss Williams) doing the Wilderness First Responder training.

This insightful course provided great learnings for all of the staff as all the practical scenarios were based on our expeditions and the possible scenarios we could encounter while out in the bush/ mountains with the groups.

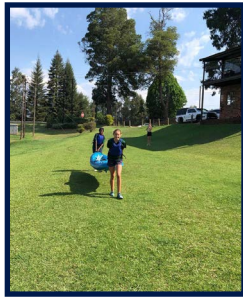
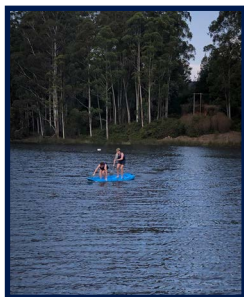
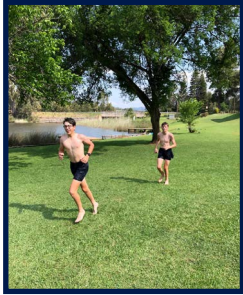
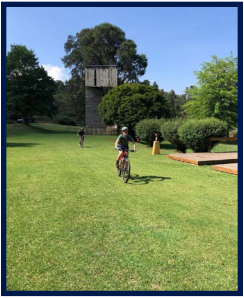
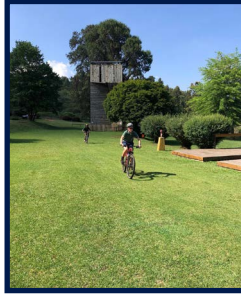
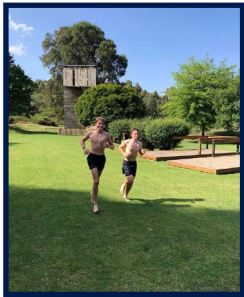
We are now even more prepared and ready for the upcoming expeditions.



NEWS IN BRIEF

On Wednesday 30 October the Dream an' Do Centre hosted an Adventure Race. We had a lot of junior teams competing and the focus was to introduce the sport of Adventure Racing but also to have fun! This was an introduction to adventure racing for most of the teams. Starting with a 10km mountain bike leg, flowing into a 1km trail run, obstacle crossing, paddle, swim and run to the finish.

We had wonderful sunny weather and the teams had great fun. Thank you to all that competed on the day and well done!



GRADE 12 ART

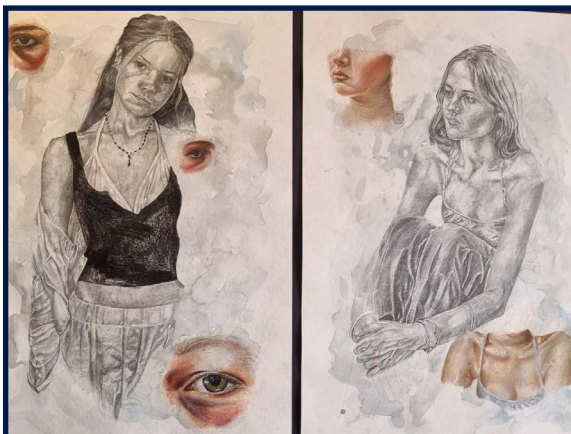
On the 24th of October we hosted our annual Matric Art Exhibition. We're so proud of our talented pupils!



Jenny Zhang



Amber McHugh



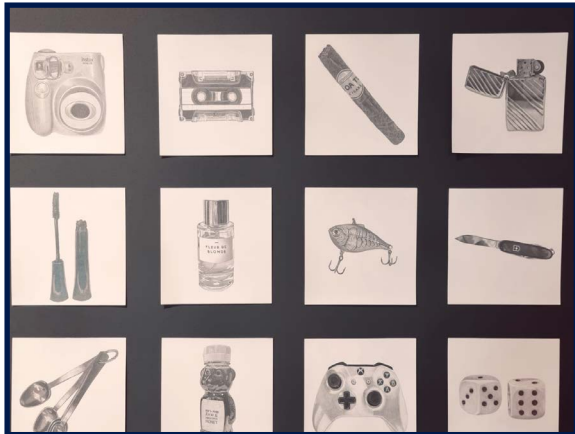
Don't forget to plan your week, [view the calendar](#) on our website by using the "Resources For Parents Tab" and clicking on the "Weekly Calendar" button.

GRADE 12 ART

Sophia Leher



Briar Marty



Emma Imrie



Morné Lindeque



GRADE 10 AND 11 ART

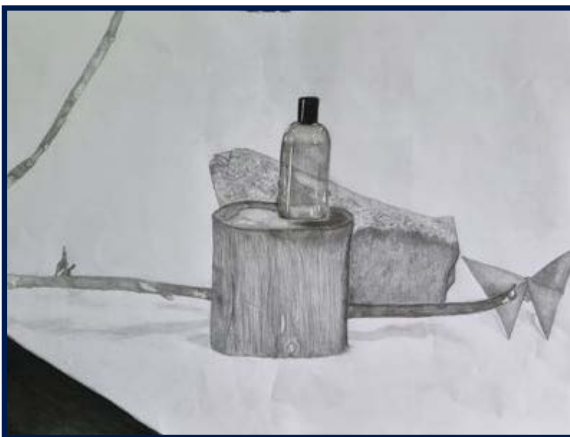
Isabella Dando



Nsovo Mabila



Carmen Veldsman



Keegan Neves



Sarah Collins



Amon Negogogo

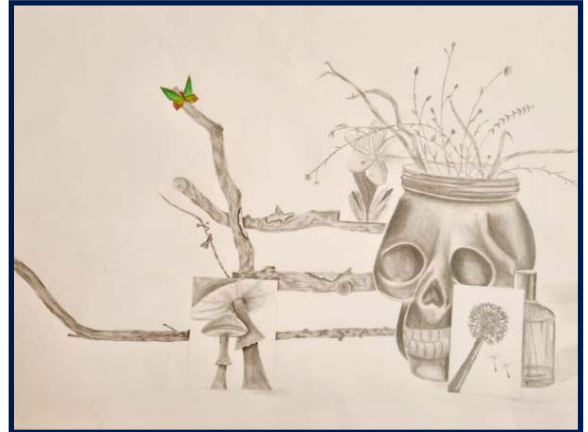


GRADE 10 AND 11 ART

Abigail Fair



Seni Myeni



Paityn Landsman



Ewetse Nkwada



Christmas Food Parcels

Dear Parents, please find a list of items that we are currently collecting for service staff, all your assistance is appreciated.

Grade 8

750 ml cooking oil, 2 tins of Chakalaka, 1 pkt sweets (large)

Grade 9

2.5 kg Mealie meal/2kg rice, a 750 ml bottle of Mayonnaise, 1 pkt biscuits

Grade 10

2.5 kg sugar, a 1 litre bottle of juice concentrate, 1 pkt sweets (large)

Grade 11

4 tins of vegetables OR Bully Beef, a 2 litre bottle of tomato sauce, 1 pkt biscuits

Ayda Hall

