



Matters of Principal

"We make a living by what we get, but we make a life by what we give."

Winston Churchill

Community outreach and giving are two things very close to my heart. One of the most important tasks we have as educators is to teach our pupils the importance of giving and meaningful involvement in the uplifting of those less fortunate than ourselves. One of the questions I ask when interviewing prospective new pupils is if they could do one thing to make the world a better place what would they do? One of the most common answers offered is that they would help the homeless, feed the hungry and eradicate poverty and unemployment. Achieving these noble intentions would be difficult but through consistent small interventions, we can make a difference.

Over the past week, I have seen two sides to our community when it comes to giving. On Wednesday we held a blood drive. The response was overwhelming and our pupils and staff could not have reacted more positively. The employees from the blood bank were astounded at the response. Stanford's previous record number of pints donated was 17 units. The blood bank had hoped to collect 20 units, the Stanford community donated a total of 63 units. At one point SANBS had to call for reinforcements to be sent up from Tzaneen to cope with the volume. Many of the donors were first-time donors and my prayer is that this is the beginning of a lifelong habit of donating blood to save lives. One or two had uncomfortable experiences and understandably may not feel that this is for them, but they will make an informed decision having tried once. The blood bank has already asked for a date on which to return. Unfortunately, the next date which falls in rotation is in the middle of exams so we will look for a suitable date in the first term and aim for 70 units!

The second side I have seen is not as encouraging; our Outreach committee, driven by two senior pupils have initiated a project called "Boxes of Hope". They have initiated the project, designed the poster, marketed it to pupils and parents and created an excellent learning opportunity for themselves while trying to do good. The project is by no means compulsory and they had hoped to build 140 "Boxes of Hope" for the pupils of Appel (that would mean that just over half of our pupils would participate in the project). Half term was set as a deadline in the hope that pupils would use the time to put together the boxes and return them to school. The response has been very disappointing! We have gathered 29 boxes – a huge thank you to those who have so generously assisted the outreach committee. The aim here is that the pupils make an effort to get to the shops purchase the required items and bring them back to school. Our pupils take for granted the fact that they have easy access to all the items on the list, while pupils at Appel may struggle to get them. We will extend the date and I will once again speak to the school about one of our central values of Ubuntu and our need to be actively involved in our communities in the hope that we can achieve our goal of 140 "Boxes of Hope".
God Bless

BLOOD DRIVE

On Wednesday we hosted a blood drive that saw our pupils, staff and some of our local community support this worthy cause. We will share dates of our next blood drive in the new year.

Thank you to all those who 'pledged to save a life'.



NEWS IN BRIEF

CRICKET

On Thursday, the 1st XI Boys Cricket Team played against Eric Louw. Stanford won the toss and chose to bowl first, which quickly proved to be a good decision.

Connor Veldsman took the first wicket in the third over, and he, along with Tristan Brett, put the visiting team under pressure. Within eight overs, Eric Louw was struggling at 13-8. The rest of the bowlers also contributed, with Matthew Allison and Joshua Doolabh each taking a wicket. The visiting team was eventually bowled out for 32 runs.

Connor Veldsman had an outstanding performance, taking 5 wickets for just 6 runs in his 4 overs, while Tristan Brett took 3 wickets for 11 runs in his 4 overs. Stanford's chase started strongly, with Dylan Turner and Ryno Schultz leading the team to victory without losing any wickets.



In the match against Eric Louw, Connor Veldsman took his 50th wicket for the Stanford first team. He is the first player since Thomas Mayes to reach this milestone.

Connor did this in 30 matches and 133 overs, which is 88 overs fewer than Thomas Mayes. What's impressive is that for every 12.77 runs he gives away, he takes a wicket, and his economy rate is less than 5 runs per over. This also includes three five-wicket hauls. Great job, Connor!

TENNIS

On the 14th of August, Stanford competed in their final league match against Curro Heuvelkruin. Our team displayed tremendous effort and dedication throughout the games. A standout moment was Aryan Ghelani's impressive performance in his singles match, where he secured a commanding 5 - 1 victory. Michael Kiggundu also delivered a notable performance, winning his singles match with a score of 5 - 0. Among the girls, Michaela Alcock played exceptionally well and achieved a 5 - 0 win in her singles match. Despite these strong individual performances, our girls faced challenges in their doubles matches, losing both contests. The boys' doubles team managed to win one of their doubles matches. Overall, we were defeated with a final score of 4 - 9. The team's resilience and sportsmanship were commendable.



BADGER OF THE WEEK

Tristan won the 10km race at the Wolkberg Trail Run this past weekend. The course is both challenging and technical. Tristan completed the course with a time of under 50 minutes. This result is a testament to his relentless dedication and hard work, not just raw talent. His consistent training efforts over the years, contributed significantly to his success this year.



NEWS IN BRIEF

CRICKET

On Thursday, August 15th, the Stanford Lake girls team took on Hoërskool Piet Pot in a thrilling cricket match. Winning the toss, Stanford Lake elected to bat first, setting a formidable target of 172 runs. Basani Msimeki and Carmen Veldsman shone with the bat, both scoring an unbeaten 50 runs each.

In response, Hoërskool Piet Pot came out strongly, pushing the Stanford Lake bowlers to their limits. Despite a valiant effort, the visitors successfully chased down the total in just 18 overs, losing 5 wickets in the process. Moratiwa Inama was the standout bowler for Stanford Lake, claiming 2 wickets in her 4 over spell.

Well done to all the girls that participated.



GOLF

The Schools Golf AGM was recently hosted. Our Director of Outdoor Education, Neil Haarhoff is the current Treasurer and convenor of scores and was also elected as the Secretary of Limpopo Schools Golf as well.

Well done Neil!



CULTURE WEEK

Culture Week at school was a vibrant celebration of talent and creativity. The highlight of the week was the inter-house singing contest, where Lakeside captivated everyone with their performance and claimed victory. The excitement continued with the inter-house art competition, where Orvis impressed with their creativity and emerged as the winners. Additionally, the first round of inter-house debating saw Loomis House triumph over Fenwick, setting the stage for a thrilling final debate to come.

PHOTO DAY REMINDER



HOW TO ORDER YOUR PHOTOS

- 1 Navigate to:
<https://orders.prestigephoto.co.za>
- 2 Use the unique access key to place your orders with Prestige Photos.

DON'T HAVE A CODE? USE THE STEPS BELOW TO FIND YOURS.

- 1 Visit www.slc.co.za
- 2 Hover over the "More" tab
- 3 Select "Resources for Parents"
- 4 Select the Photo Day 2024 Codes

THE WOLKBERG TRAIL RUN

We hosted another successful Wolkberg Trail Run this past weekend. This was the 10th year since the start of the event but not the 10th event, due to Covid. This saw 190 runners travel to our beautiful School and get a glimpse and experience of our campus and the Wolkberg.

Previous winner Remaketse Lekaka defended his title for the second consecutive year. (In the stage race – 65km!)

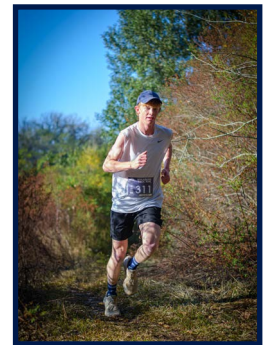
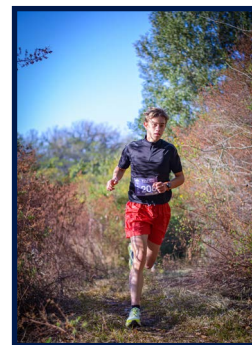
Tristan Brett came first in the 10km, followed closely by Dylan Turner who took second place in just under three minutes after Tristan crossed the finish line.

This event was one that really showed our badger pride and we look forward to seeing all our runners again next year. This would not be possible without our sponsors Trophy Toyota, FNB, Miami Canners, Thirsti, Allesbeste, and all our parents and staff who were on hand on the day, marshalling, marking and clearing routes.

Full run Albums are on Wolkberg FB page and here.

Day 1 Album - <https://photos.app.goo.gl/D3nsB8osyHUMSK937>

Day 2 Album - <https://photos.app.goo.gl/K9YHxsEHMS4gJiVy5>



COMMUNITY OUTREACH

Thusanang needs your help

Thusanang is running a course on making resources for our community creches. Please can you bring any magazines, orange/avo/vegetable bags, 1L milk containers, scraps of material, yoghurt or margarine containers, to support this initiative.

Drop off at Mr.Vollgraaff's class

DONATE

DON'T DUMP

WOMENS MONTH

24 & 25 August 2024 || Stanford Lake College
Dream and Do Center

BE PREPARED, NOT SCARED

9am - 4pm

Please bring your own refreshments and food. Toilet facilities are available. Wear loose fitting, comfortable clothing and sturdy shoes.

R1250 p.p to be paid directly to the instructor with the reference number "KIM248"

Learn and develop skills to protect yourself in a close quarter attack

Emergency Defense Course

- Combat Psychology
- Awareness training
- Fight or flight syndrome
- Defense against firearms and knives
- Knife Combat Techniques with Open Hand Combat Techniques
- Pressure Points/one-shot knockout techniques
- Anti-rape techniques
- What to do in a high-jacking situation
- The Law

GET TO KNOW OUR COACHES

This week we get to know more about Shane Friedrichs.

“I have been fortunate over the past 22 years to be involved in cricket in three top cricketing schools. My coaching career started at Cambridge High school in East London. In this time I was transitioning from a player to a coach. I always had a great passion for cricket but during this time I fell in love with coaching and gave back to the game that gave me so much. I moved onto Dale College Boys’ where I ran the cricket programme for approximately 10 competitive teams which included high performance programmes for provincial and national players. During this time I was also appointed the Border U17 Head coach.

During my time at Stanford I lifted the profile of cricket exposing players to more game time and structured practices. As a school we have developed a solid coaching structure where individual players have wonderful facilities and access to coaches to succeed. I have also been fortunate to coach at provincial level while in Limpopo and have coached numerous age groups over the past 14 years.

Cricket coaching certificates

Level II Cricket Coaching (UCBSA 2002 and CSA 2009)

Level III Cricket Coaching (CSA 2010)

This includes a certificate on coaching the coaches Cricket Umpiring, Grade D (South African Cricket Umpires Association 2000)

Coaches Acceleration Programme (Technology in Cricket) 2010

Provincial Teams Coached

Limpopo Cricket : U17 Head Coach 2011 - 2012

: U18 Head Coach 2013

: U15 Head Coach 2016 - 2018

Border Schools Cricket 2008 – 2010

Border U/17 Coach

King Williams Town Hub – High Performance Coach



Hockey

Limpopo Hockey : Chairman 2013 – 2018

: U18 IPT Coach - 2016

: U18B Coach - 2015

“During my time at Stanford Lake College I have had the privilege of coaching both boys and girls hockey at 1st team level and for the past 3 years I have been with the Girls’ 1st Team.

I have taken both boys’ and girls’ teams to multiple Noordvaal tournaments over the past 14 years. In 2016 the 1st boys’ travelled to Beaulieu College to participate in a festival where we beat the hosts in the semi-final and beat Parktown boys in the final. This was probably close to one of the highlights of my hockey coaching career at Stanford. From 2015 to 2018 I was involved in the Limpopo hockey structures both as a head coach and Chaired the committee.”