

# SNAP SHOT

Stanford Lake College

ISSUE 15 OF 2024



## Matters of Principal

*"It takes courage to create a meaningful life of integrity. It also requires good company. And practice."*

- Shelly Francis

Assembly on Monday was hosted by Mr Friedrichs who spoke to the school about one of our core values: Integrity. Over the past few weeks, we have dealt with one or two issues where a few of our students have let us down on this front. The pressure ramps up as examinations approach and there is a temptation to perhaps take shortcuts. He implored them not to. As we all know, our society is in desperate need of a moral reset and it has to begin now. The youth are key in this. Mr Friedrichs spoke of the following:

Integrity is a quality that encompasses honesty, trustworthiness, and moral uprightness. It means consistently adhering to principles and values, even when no one is watching.

Integrity involves being truthful and transparent in our actions and decisions. It requires us to be honest with ourselves and others, avoiding dishonesty. When we act with integrity, we build trust and credibility, which are essential for strong relationships.

Moreover, integrity means standing by our principles, even in the face of challenges or temptations. It is about doing the right thing, not because it is easy, but because it is the right thing to do.

Integrity also plays a crucial role in creating a positive environment. In schools and communities like Stanford Lake College, integrity promotes fairness, accountability and a sense of justice. It encourages students to take responsibility for their actions and to treat each other with respect and dignity.

As adults, it is essential that we act as positive role models in all that we do and that we are uncompromising as we hold ourselves, one another and our children to the highest standards when it comes to upholding our value system.

I wish our pupils all the best as we enter the last few weeks of term, writing exams and focusing on our academic consolidation time.

Safe travels to all those heading to Johannesburg this weekend. I am looking forward to an exciting time of sports and culture.

God Bless

## BADGERS OF THE WEEK

This week we have chosen two pupils to be Badgers of the Week. Matthew Scriven is playing some very good Hockey and Rugby at the moment. He is 100% committed and never gives up on the field no matter if the team is winning or losing. He is also an example to other boys in the team. He has shown an immense amount of dedication to sport this season and worked very hard. He constantly motivates and supports his teammates on the field. Wessel Willemse has been nominated for the second time this year. Even after hurting his arm, he is always seen next to the sports field helping where he can, such as ensuring that the water bottles are filled and bringing them to the team. This is true badger spirit because even though he can't play sport, he still helps others in small ways.





# SNAPSHOT

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# VS.



This past weekend it was time for our annual Derby against Penryn College. Excitement had been building on campus throughout the week, and all the teams had worked hard for this big weekend. Friday afternoon was a flurry of activity with debating, chess, tennis, boys' hockey and netball all kicking off. Our chess and tennis players were dominant and the senior debaters managed a hard-fought win. Our U/16s in general were a strong force throughout the weekend, however, the real highlight from Friday was the 1st Netball girls who outplayed an otherwise strong Penryn team.

the 1st Team Girls fought hard for their draw. The U/16 Rugby team pushed their Penryn counterparts very hard but, unfortunately, could not convert pressure into points.

Well done to all of our teams and players for playing so well and representing the College. A huge thank you to all of the coaches for their hard work and to the parents who supported the weekend. We express our gratitude to the teams and coaches from Penryn who pushed our players and gave us some brilliant competition. Beau-lieu, here we come!

The weather on Saturday morning was perfect for the remaining Derby fixtures, with the U/14 girls' hockey starting the day. Again, the U/16 girls showed their dominance with a very good win, and

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## FINAL LEAGUE MATCHES VS. MERENSKY

The final league games of the season saw the Stanford Lake College girls' hockey teams face off against Merensky on Tuesday. The U/14 girls kicked off the day's action with a tightly contested first quarter, where both teams created equal opportunities but were unable to find the back of the net. The second quarter, however, saw Merensky capitalise on a defensive error to take the lead. Despite the Badgers' spirited efforts, they conceded two more goals in the third quarter. The final quarter mirrored the first, with both teams battling hard but unable to alter the score line. The match concluded with a 0 - 3 victory for Merensky.

The U/16 game held significant stakes, as the winner would secure a spot in the league playoffs. The Badgers, unfortunately, entered the match without several key players. Merensky seized an early advantage, scoring three minutes into the game from a well-executed penalty corner. The Badgers fought valiantly to keep the score line unchanged through the next two quarters. However, fatigue set in during the final minutes of the third quarter, leading to three quick goals from Merensky. The final quarter saw no further goals, resulting in a 4 - 0 win for Merensky.

The 1st Team Girls' match was highly anticipated, with Merensky needing a four-goal margin to qualify for the playoffs, while the Badgers sought to cap off their season with a league win. Both teams attacked with vigour from the start, yet the first half ended goalless, heightening the tension. The breakthrough came deep into the third quarter when Nanaki Kgopong scored a brilliant field goal to put the Badgers ahead. The final quarter was a nail-biter as Merensky equalised in the 54th minute. However, the Badgers were not done. They won a penalty corner in the 58th minute, which they upgraded to a penalty stroke. Basani Msimeki stepped up and coolly slotted her flick into the top left corner, securing a thrilling 2 - 1 victory for SLC. The 1st Team Girls displayed remarkable tenacity, embodying the true spirit of the Badger. Congratulations to Mr Friedrichs and the team.

The boys also concluded their league fixtures on Wednesday against Merensky. The U/14 boys knew their match would be tough, given Merensky's strong performances throughout the season. The game started on a positive note for the Baby Badgers, ending the first quarter in a goalless draw. However, Merensky struck quickly

in the second quarter, scoring three goals that left the Stanford boys reeling. Despite their best efforts to hold firm in the third quarter, the final quarter saw Merensky add two more goals to their tally. The game concluded with a 0 - 5 victory for Merensky, but the Baby Badgers showed commendable spirit and resilience.

The U/16 boys faced a formidable Merensky side known for their depth and strength. The match began disastrously for the Stanford team, conceding a goal within the first 40 seconds and another by the 6th minute. The second quarter mirrored the first, with Merensky going 4 - 0 up by half-time. Despite a valiant effort in the subsequent quarters, the Badgers struggled to contain Merensky's relentless attack, conceding three more goals in the second half. The final score stood at 0 - 7 for the opposition.

The 1st Team boys' game was anticipated to be evenly matched, with Stanford Lake College's 1st Team in great form despite not having favourable results. The Stanfordinians dominated the first quarter, repeatedly pressing Merensky but failing to score. Their persistence paid off in the second quarter when Pelo Molepo delivered an exceptional strike, giving Stanford Lake a 1 - 0 lead at half-time. The third quarter saw continued dominance from the Badgers, but they couldn't convert their chances. A defensive error in the 39th minute allowed Merensky to equalise. The fourth quarter mirrored the third, with Stanford unable to find the back of the net again, and Merensky capitalising on another defensive lapse to take the lead. The game ended in a 2 - 1 defeat for SLC, but the team demonstrated exceptional skill and determination throughout the match.



The hardcover coffee table book detailing 25 years of Stanford Lake College is available to purchase. The publication is a beautiful history of Stanford photos, memories and traditions. It is an absolute must for any previous or current Stanfordinian! You can order your copy via the ALLXS system at the cost of R460.00 or by emailing [marketing@slc.co.za](mailto:marketing@slc.co.za)



On Monday, the Speaker's Society held their 17th meeting. The theme of the evening was "Words Ending in 'ion'." We successfully concluded the ice breaker portion of the event and proceeded with our first round of impromptu speeches. The three students who courageously accepted the challenge performed exceptionally well. It was a sensational evening for all participants. Congratulations to Sophia Leher, who was awarded Best Impromptu Speaker, Rachel Netshikulwe, who received the Best Prepared Speaker award, and Isabella Alcock, who was recognised as Best Adjudicator. The next meeting is scheduled for June 10th.

## SPEAKERS SOCIETY

