



Stanford Lake College

ANNEXURE I

20.10.2023

SPORTS AND CLUBS & SOCIETIES

SPORT

As per the Student Information Handbook, students are expected to commit themselves to a selection of afternoon activities during the week. These include sport, cultural and academic pursuits as well as community service. One sporting and one enrichment activity per term will be the minimum expectation for seniors, and junior grades are expected to participate in sport all four afternoons of the week, playing two sports each term. The emphasis is always on student participation and involvement. Sport for Matrics will not be compulsory in Terms 3 and 4 but they must be available for league fixtures if required.

Sport and Cultural sign up will be done at the beginning of each term and is compulsory for pupils to commit to these activities. If they wish to change their sport or cultural activity, this must be cleared with either the Director of Sport or the Clubs and Societies Co-coordinator. Sport or Cultural activities done outside the school must be cleared with the above Directors.

TERM 1

The following sports are played during Term 1:

- Athletics
- Boys Cricket
- Swimming
- Squash

Athletics/Cross Country will be compulsory for all Stanford pupils in the first half of the first term. Winter sport will begin after half term in the 1st term.

TERM 2

The following sports are played during Term 2:

- Boys Hockey
- Girls Hockey
- Netball
- Golf
- Tennis
- MTB
- Squash
- Swimming
- Rugby

Grade 8 and 9 boys play Rugby and Hockey. Grade 8 and 9 Girls play Netball and Hockey.

TERM 3

The following sports are played during Term 3:

- Boys Cricket



- Girls Cricket
- Boys Soccer
- Girls Soccer
- Tennis
- Squash
- MTB
- Swimming
- Cross Country

Grade 8 and 9 boys play Cricket and Soccer. Grade 8 and 9 Girls play Soccer and attend a games afternoon.

TERM 4

The following sports are played during Term 4:

- Swimming
- Athletics
- Tennis
- Cricket Skills
- Adventure Racing
- MTB
- Squash
- Cross Country

CLUBS AND SOCIETIES

There is a weekly culture period where students choose an activity of their choice each term. The options available are subject to change due to the interests and skills of the staff leading the societies. Typical options include:

Fly Tying
 Electronics and Robotics
 STEM
 Chess
 Film Club
 Round Square Society
 Debating
 Music (Marimba, Drumming, Choir)
 Photography
 Healthy Living
 "Read with me" community partnership
 Adventure, Orienteering & Navigation