

# SNAP SHOT

Stanford Lake College  
ISSUE 17 of 2022 - 27 May



## Matters of Principal

We live in a world dominated by so much negativity. Our press is full of tragic stories of war, mass school shootings, devastating natural disasters (be it flooding, drought or wildfires), racism, gender based violence, soaring energy prices, an increase in inflation and the cost of living. It is all too easy to default to a negative mindset. As educators and as parents, it is so important that in the midst of all of this doom and gloom, we take a step back and find the good in our lives. We must be mindful of the well-being of the children in our care and to make a concerted effort to find joy each day as we are their role models. For my part, I am sincerely grateful that I do not wake up every morning wondering if our school will be the scene of an indiscriminate mass shooting. I work in a profession where I am privileged - every day - to get a glimpse of the talent and hope that our youth carry. I see the future every day and I am thankful for that.

Tough times aside, we have so many good things to celebrate: last week we had an amazing trip to Beaulieu College, where our pupils

*"When I was a young boy, my parents encouraged me to be grateful for my health, my life, and all the world's wonders. They would often remind me to count my blessings, and over time it became a part of my everyday life"*

- John DeMartini

spent a weekend making memories they will reflect upon in years to come; we have celebrated a spirit week with numerous fun events ranging from an "Anything but a school bag" day to a civvies day aimed at raising funds for the less fortunate as well as a spirit afternoon. This weekend we welcome our friends from Penryn for what I know will be the start of a long sporting and cultural relationship between our two schools. I thank all of those who have worked so hard to ensure that our grounds look amazing and that the weekend runs smoothly. I look forward to welcoming family and friends onto our campus for a weekend of healthy competition and excellent sportsmanship.

God Bless,

## EQUESTRIANS MAKE SLC PROUD

Two SANESA qualifying rounds had to be cancelled earlier this year due to rain and flooded arenas. So, when the weather started forecasting rain again last weekend for the show at The Ranch, near Polokwane, all nerves were shot!

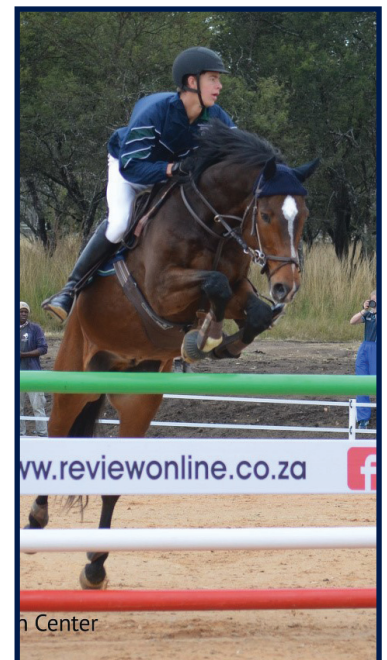
The excitement was palpable on Saturday morning at 05:00 when the Limpopo Chairperson reported the arenas were wet, but the show could continue! All day, the riders' and parents' eyes were turned to the clouds, but the rain held up! Koni Fobbe (Grade 12) and her horse, Saltash Dragonfly, and Ruben le Roux (Grade 11) with his two steeds, TI Quinta and Capital Clooney, flew SLC's flag high at the show!

On Saturday, Ruben and Capital Clooney were first into the arena, their first 130cm show jumping class ever! They had a problem with one jump, but did well with only 10 penalties (4 for knocking the jump and 6 for time). Ruben's smile was priceless. He reckons nothing comes close to the feeling of flying over a 130cm jump, at a narrow 150cm wide! This performance was good enough for a first place. In the 110cm equitation class, Ruben and TI Quinta also managed a first place.

Koni and Dragonfly also experienced a little difficulty at the same jump where Ruben and Clooney struggled. The jump was painted in green and white - a difficult colour for horses to comprehend. And there was a Land Rover parked behind the jump, so it seemed like they were going to collide with the vehicle! However, they redeemed themselves to earn a great third place! Koni reckons her round was not so good, but a third place brought SLC some nice points!

On Sunday, the weather held up again... until the last rider was out of the arena. And then it started pouring. Luckily Ruben and Koni could finish their second show jumping rounds for the show, on dry ground. Ruben and Clooney did not have a clear round, but still managed a first place, while Koni and Dragonfly had a beautiful clear round - ending in first place!

Well done to these riders. The courses were difficult, it was a new venue, and circumstances were muddy and cold. But they conquered and kept Stanford's name high. The next SANESA qualifier will be held on 30 and 31 July at The Ranch again.



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## BEAULIEU DERBY NEWS

This past weekend's derby against Beaulieu College was a great success on all fronts. Staff and pupils from both schools were clearly very excited about the prospect of a Derby after a two-year layoff, and the whole Beaulieu campus was buzzing with anticipation when Stanford rolled in on Friday afternoon.

The competition kicked off with golf on Friday morning and it was clear that it would be a competitive weekend when the golfers drew their match. The chess, boys' hockey and netball fixtures got underway on Friday afternoon, with some good wins by the Stanford teams and individuals in all three disciplines. The support was amazing and there were goosebumps a plenty as both schools sang and danced their hearts out in support of their teams. Unfortunately, the 1st Team netball game was called off due to lightning, but it was clear from the 15 minutes that were played that the Stanford ladies have improved dramatically since they played Beaulieu on tour in early April. The 1st Team Hockey Boys played against an exceptionally talented Beaulieu team. The Stanfordians fought really hard throughout the game and should be proud of keeping that team to just 0 - 4. Our pupils were then hosted out and all enjoyed a pleasant evening with their host families.

On Saturday morning, both schools' support teams were out in force again and despite the cold, wet weather, the hockey girls and rugby boys were rearing to go. The girls' hockey teams faced the same skill and talent that the boys did the night before, and although Stanford managed a win at U/16 level, our 1st Team ladies battled against very strong opposition. The rugby teams had a very good day for the most part; our U/14s lost their game but are still in the learning phase and will improve given time. The other three teams managed convincing wins, topped off by a very physical and entertaining 1st Team match.

Watching our school sing their war cries on the field after the 1st Team rugby game was inspirational and reminded us all how important these annual derbies are, not just for school spirit, but also for teaching our pupils to go beyond their comfort zones. Thank you to all pupils who participated, the Beaulieu College pupils and staff for hosting us, as well as the Stanford staff who looked after our pupils so well throughout the weekend. We can't wait for next year!



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## HOCKEY NEWS

After last weekend's derby, a very tired and fatigued group of girls were on the N1 once again on Monday, headed to Hans Strijdom for their hockey matches.

The U/14 girls played to the best of their abilities, outclassing Hans Strijdom in all other quarters of the field except for the scoring quarter. Hans Strijdom defended with all eleven of their players and made sure the Stanfordians could not get a goal. The Stanford girls kept piling on the pressure, winning penalty corner after penalty corner, but could not use the goal scoring opportunities. This was the story throughout both halves and the final score ended Stanford Lake 0 - 0 Hans Strijdom.

In the first quarter, the U/16 girls struggled to get into gear which left the game very much equal. In the third quarter, momentum shifted onto Hans Strijdom's side and they were able to string together better passes and create chances, utilising one of them and finding the back of the box. Just after the goal, the Stanfordians snapped out of their trance going into the final quarter, Hans Strijdom held their fort together and denied the Stanfordians the joy of a late equalizer. The final score 0 - 1.

The 1st Team girls started the game with intensity and were looking to get onto the score sheet before the hosts could, but unfortunately, were not able to convert. This allowed the hosts to get back into the game, leaving the next two-quarters of the game very equal with most of the game being played in the middle of the field. Going into the last quarter, Stanford took the reins and managed to score a brilliant goal courtesy of Tanatswa Murasiranwa. The hosts then caught the visitors off guard as they scored a late equalizer much to the Stanfordians' disappointment. The final score was 1 - 1.

## Raising Spirit

In the lead up to the Penryn Derby this weekend, the school has hosted Spirit Week. On Tuesday, the "anything but a bag" day brought smiles and laughter all round as the pupils got creative with their chosen vessels. We saw wheelie bins, fish tanks, cat carry boxes, infant car seats, a hoover, and even a kayak!



## SPEAKERS SOCIETY



On Thursday 26<sup>th</sup> May, the Speakers Society met for a training session. There is an art to the writing of a speech and the training focused on the use of rhetoric and other skills one might employ to enhance the impact of any speech. The example used was the "I have a dream" speech by Martin Luther King, which perfectly illustrates (amongst other things) the use of repetition, allusion, emotional appeal, historical references and such. This was followed by some training on impromptu speaking and different methodologies one might use.