

### CROSS COUNTRY

Stanford was host to the Limpopo finals of this year's Cross Country competition. Congratulations to our two Cross-country stars! Emma Melville (u/16) and Cailin Desmet (u/17) have both made it through to compete in this year's SA champs on the 9<sup>th</sup> September. Good luck girls!  
*Mrs Sam Venter*



### AWARDS – SPORT & ACADEMICS

At the Awards Ceremony held before half term, almost 120 certificates of achievement in various sports and academics were handed out to our students. The list is too long to include in Snapshot, but please go to our website to see the names of all those who were given recognition for their achievements, both on and off the sports field.

### TRITECH PROVINCIAL COMPETITION

Well done to our Trittech participants who represented Stanford at the Provincial finals on 28 July. All performed exceptionally well, showing true courage, inventiveness and inquisitiveness in all of their projects. Overall they won 3 Bronze, 5 Silver and 3 Gold. Well done and good luck for Nationals! Some of the participants (*left to right*): **Heema Kalan** (Silver for her project "Oxidization"), **Cailin Desmet** (Silver for joint project with Jasmine Bokgakga "Play, Pause, Rewind"),

**Taariq Omar** (Gold for "Penny Wise Pound Foolish"), **Tanweer Ghood** (Silver for "The Effect of Smoking on a Human's Sense of Smell") and **Sumehra de Bruyn** (Bronze for "Cooking with Solar").

*Mrs Sam Venter*



Photo Courtesy  
GKTSportPics

### "AN EVENING WITH THE STARS"

Stanford Lake College invites you to join a wonderful evening of talent in our very own Barnyard on Thursday, 24<sup>th</sup> August, starting at 19h15. We encourage you to bring as many friends and family as you can to enjoy an amazing evening. The proceeds from this night will be part of the funds the Service Committee is raising to help build a library at a school in Nkowankowa which was originally started by a past Stanford pupil. The performers are looking forward to impressing you, and there will also be an art exhibition for the talented art students to share their creative and beautiful work with you.

Bookings R800 per table of 8 or R100 per person. Bring your own picnic basket. For bookings contact Mignonne Banks 015 276 6120 or mbanks@stanfordlakecollege.co.za.

*Sidney Norton & Kgabo Manyathela*



### INTER HIGH GOLF

On the 1<sup>st</sup> of August we played Inter High golf against the other schools in our league. It was a cold and rainy day at Tzaneen Country Club when the first ball was hit at 07:00. The weather played a big part in the scoring on the day and most of the players had a difficult day on the course! Our team managed to finish 2<sup>nd</sup> overall in the C division. Well done to the lads and it was a good finish to the season. We're all looking forward to the golf tour in September!  
*Mr Neil Haarhoff*



*Left to right :*  
Lloyd Lombard, Luca Wasley,  
Thomas Mayes, Justin  
Schwaeble

### SOCCER ACTION SLC vs MITCHELL HOUSE (2<sup>nd</sup> August) (Thanks to Polokwane Observer for the pictures)



Above : Felicity Baloyi (on left) & Normane Mnisi (on right)

↑ Patee Sithole (on left) & Bonolo  
← Masemolo (on right)

### CLEMENGOLD WOLKBERG TRAIL RUN REPORT

The ClemenGold Wolkberg Trail Run took place at the College last weekend. The 60km Stage Race saw some of the country's best Trail Runners enjoying the school's hospitality and beautiful surrounds. The Overall Stage Race Winners were Edwin Sesipi in 1st, Ben Pellegrini in 2nd and Iain Peterkin in 3rd (on podium below). The overall ladies ranked Naomi Brand in 1st, Rizta Fouce in 2nd with 3rd place being taken by Nicky Booyens. The competitors did a fantastic job and pushed hard over the 2 days. Well done to all!

Thank you to the sponsors! ClemenGold, Tailwind Nutrition South Africa, Native Sport (Pty) Ltd and also to all the staff at Stanford Lake College.

*Mr Steven Willson*



The leading men's pack making its way through the beautiful indigenous forest



Summitting Iron Crown