



Stanford Lake College

High Performance Centre Memberships

Stanford Lake College pupils are automatic members. Parents who have a school account may have the membership fees debited to their school accounts. Stanford Lake College Staff will not be required to pay a joining fee but will pay a membership fee. This applies to staff spouses as well, and can be taken off of staff salaries.

Membership fee structures are as follows:

Option	Cost
Joining Fee	R400
Daily Fee (ad hoc):	R50/Day
Full Membership:	R250/Month
SLC Staff and Spouses	R100/Month

You may pay your membership fees with cash at the HPC office, or by authorising an Electronic Fund Transfer. Fees are charged over a period of 6 months or 12 months.

Opening Hours

Monday to Thursdays 06:00am – 08:00am, and 17:00pm – 18:00pm

Saturdays 08:00am – 12:00pm, Sundays 14:00pm – 17:00pm

Friday Mornings 06:00am – 08:00am. Closed on Friday afternoons.

Please be aware that the HPC will be used by Stanford Lake College pupils from 09:00 – 17:00 every week day, and no exceptions may therefore be made for the general public.

Booking Procedure

In future you will be able to make booking telephonically or via email. For the time being bookings must be done at the HPC reception. If you are late for your booking, it will automatically be lost. No bookings for outside of opening hours will be accepted.

Squash Courts to be booked within these times for **30 minute** slots.

Tennis Courts to be booked for **1 hour** slots.

Hockey Astro to be booked for **1 hour** slots.

Rules

- Right of admission is reserved.
- A towel must be used when using the gym and pool.
- Correct squash shoes (non-marking soles) must be worn on the squash courts.
- The facility may not be used outside of opening hours.
- No food is allowed into the facility, water bottles only.
- No alcohol is allowed into the facility.
- No illegal substances, including anabolic steroids, are allowed into the facility.

Membership Form

FIRST NAME

SURNAME

ID NUMBER

GENDER DATE OF BIRTH

TELEPHONE:

E-MAIL:

Please fill in email and cellphone number correctly as this is how we will be communicating with you.

Medical Aid Name:

Medical Aid No.:

Emergency Contact Person:

Emergency Contact No.:

Membership Fees:

Option	Cost	Please tick
Joining Fee	R 400	
Daily Fee (ad hoc):	R 50/Day	
Full Membership:	R 250/Month	
Staff/Staff Spouse	R100	

Payment method	Please tick
Cash	
EFT	
Debit Order (Monthly)	
Debit my SLC account	
Subtract from salary	

Membership period	Please tick
6 Months	
12 Months	

Signed:

Signature of Parent or Guardian (if under 18yrs):

Date:

Debit Order Authority

ACCOUNT NAME	
BANK NAME	
BANK BRANCH	
BANK BRANCH CODE	
BANK ACCOUNT NUMBER	
TYPE OF ACCOUNT	
MONTHLY PAYMENT	R
COMMENCING DATE	/ / 2016
PAYMENT FREQUENCY	MONTHLY ON 1ST OF EACH MONTH AFTER COMMENCEMENT

I/We hereby authorize and instruct Stanford Lake College to draw against my/our account with the above mentioned bank all amounts becoming due and payable by me/us as indicated above. I/we understand and accept that any charges related to non-payment due to insufficient funds or any other reason caused by me/us will be for my account. Furthermore, I/we accept that should any payment not be met in terms of this instruction, the whole amount owing by me shall become immediately due and payable.

Signed at On..... Of 2016 by:

Indemnity

1. Risks

I am fully aware of the inherent risks involved in the activities offered by the Stanford Lake College High Performance Centre, namely swimming, squash, tennis, hockey, gym, dancing, aerobics of all kinds, and the possibility of injury from participating in the aforementioned activities.

2. Release of Liability

I, my heirs and assigns, next of kin, and all others acting on my behalf agree to waive any and all rights, claims, damages, actions, causes of action or suits of any kind or nature whatsoever which I have against the High Performance Centre, an employee, representative or other acting on their behalf and to indemnify, defend and hold harmless the High Performance Centre for any injuries suffered as a result of engaging in any activities offered by the High Performance Centre. It is also my intent to release the High Performance Centre, any employee, representative or other acting on their behalf from liability for ordinary or gross negligent conduct that may occur in the future and agree not to sue.

Should any part or parts of this agreement be held null and void, the gross balance of the gross agreement shall remain valid and maintain its full force and effect. This acknowledgment of risk and WAIVER OF LIABILITY has been read by me and understood completely and signed voluntarily. I am 18 years of age or older.

By agreeing to this I understand that on the equipment I may injure myself. I take full responsibility for my actions and agree to pay for any and all medical bills that might arise from an accident at The High Performance Centre. This includes outside the building in the parking lot and all surrounding areas.

3. Medical Emergencies

I fully understand that the staff of the High Performance Centre are not physicians or medical practitioners of any kind. With that in mind, I hereby release the High Performance Centre staff to render first aid to myself in the event of any injury or illness. I also release the High Performance Centre to call an ambulance if they are unable to contact myself, the guardian or my nominated next of kin, or if they deem it otherwise necessary due to the severity of the accident. I also hereby agree to pay for such ambulance.

4. Medical Conditions

I hereby agree to inform Stanford Lake College High Performance Centre of any medical conditions (mental or physical) or medications they should be aware of.

Full Name _____

Signed _____

Date _____